

2026

7.1
(wed.)12:10
12:50

12:10-12:15

◆ Introduction

12:15-12:40

◆ Seminar
(Presentation)

12:40-12:50

◆ Q&A

Online
(Zoom)Scan here for
Registration ▶▶https://us02web.zoom.us/webinar/register/WN_fCLMdvY9TBmEkeLkX5ISeQ

Supported by Kyushu University, Q-AOS

Time Poverty Research: Measurement Methods and Challenges



Key Words

Multidimensional Poverty

Time poverty

Professor **Kunio URAKAWA**

Faculty of Economics Department of Economic Engineering, Kyushu University

I was born in Kobe, Hyogo Prefecture in 1977. After graduating from the Faculty of Commerce at Keio University, I obtained my Ph.D. in Economics from the Graduate School of Economics at Kyoto University in 2007. My major publications include "Time Poverty Research-Measurement Methods and Challenges" (2026) and "The Spread of Paternity Leave in Japanese Companies-Identifying Antecedents and Examining Effects on Performance" (2023), the latter of which received the FY2023 Excellence Award for Labor Relations Papers. I am currently teaching courses in social security, econometrics, and welfare policy at both the undergraduate and graduate levels.

This presentation introduces research that analyzes poverty from a multidimensional perspective, focusing not only on income but also on "time use." In Japan, long working hours and significant gender disparities in unpaid domestic and caregiving work are prominent issues. Single-parent households in particular face a heightened risk of falling into both income poverty and time poverty simultaneously. Even in two-parent households, wives in dual-earner couples with preschool-age children tend to exhibit high rates of time poverty at the individual level. Furthermore, time poverty has been found to be associated with a range of health risks. Future research challenges include examining the relationship between the outsourcing of household tasks and well-being, the long-term outcomes for children affected by parental time poverty, and more broadly, the links between time poverty and quality of life in family settings.